



Girl Guiding/Girl Scouting Introduced: 1909  
 Foundation Member Of WAGGGS: 1928  
 WAGGGS World Region: Europe

### Guide

Age: 10+

#### Promise

I promise that I will do my best;  
 To love my God,  
 To serve the Queen and my country#,  
 To help other people and  
 To keep the Guide Law.

# The words may be replaced by "the country in which I live" for those who do not regard the country in which they live as their own country. Rangers also have a further responsibility to be of service to the community.



#### Motto

Be Prepared

#### Law

- 1 A Guide is honest, reliable and can be trusted.
- 2 A Guide is helpful and uses her time and abilities wisely.
- 3 A Guide faces challenge and learns from her experiences.
- 4 A Guide is a good friend and a sister to all Guides.
- 5 A Guide is polite and considerate.
- 6 A Guide respects all living things and takes care of the world around her.

### Senior Section

Age: 14-26

#### Senior Section

Rangers - aqua promise badge  
 Young Leaders - midnight blue promise badge  
 Adult leaders - midnight blue promise badge



### Brownie Guide

Age: 7+

#### Promise

I promise that I will do my best;  
 To love my God,  
 To serve the Queen and my country,  
 To help other people and  
 To keep the Brownie Guide Law.



#### The Brownie Special Saying

Lend a hand

#### Law

A brownie guide thinks of others before herself and does a good turn every day.

### Rainbow Guide

Age: 5+

#### Promise

I promise that I will do my best, to love my  
 god and to be kind and helpful.



#### Age Groups

Adult Leaders	18 - 26
Young Leaders	14 - 18
Senior Section	14-26
Guide	10 and over
Brownie Guide	7 and over
Rainbow Guide	5 and over

#### Note on uniform:

There are many items of "Guide Gear" for each section to wear.

