



Girl Guiding/Girl Scouting Introduce: 1917  
 Associate Member Of WAGGGS: 1951  
 Full Member Of WAGGGS:  
 WAGGGS World Region: Asia Pacific

### Girl Guide

Age: 11-16

#### Promise

I promise on my honour to do my best;  
 To do my duty to my religion  
 and country,  
 To help other people at all times,  
 And to live by the Guide Law.



#### Motto

Be Prepared

#### Law

- 1 A Guide is honest and can be trusted
- 2 A Guide is loyal
- 3 A Guide is considerate and helpful at all times
- 4 A Guide is a sister to every other Guide
- 5 A Guide is friendly and courteous.
- 6 A Guide is compassionate to all living things
- 7 A Guide respects authority
- 8 A Guide is courageous and faces all situations with understanding
- 9 A Guide uses resources wisely
- 10 A Guide respects herself and seeks to understand all human beings

#### Age Groups

Senior Guide	Jayeshta Baladhakshika	16-22
Guide	Baladhakshika	11-16
Little Friend	Kuda Mithuriye	7-11

### Little Friend

Age: 7-11

#### Promise

I promise on my honour to do my best;  
 To do my duty to my religion  
 and country,  
 To help other people every day,  
 And keep the Little Friend Law.



#### Motto

Lend a Hand

#### Law

A Little Friend is truthful, brave and cheerful  
 She helps others at all times, especially those at home

The languages of Sinhala, Tamil and English are used. The girls are free to use whichever language they wish.

